# Valorie Cadoo MA MFT PLLC

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## vwmft@valoriecadoomamftpllc.com

#### **SUMMARY**

Empathic Texas and California-Licensed Marriage and Family Therapist with extensive experience helping clients to solve problems and to improve their lives. Solid Quality Improvement experience obtained as Clinical Quality Specialist for 6 1/2 years working on Dept of Defense Contract. Performed Care Management in Corporate Call Centers for clients of all ages for 5 years for two leading Managed Behavioral Care Companies.

· Results oriented therapist

· Exceptional skills in Care Management

· Experienced trainer

 Skilled in documentation and reporting, accurate and thorough

## **Professional Licenses:**

Approved Supervisor, American Assn Marriage and Family Therapy, June 2019

Texas Marriage and Family Therapist Supervisor since July 2015

Texas Marriage and Family Therapist since March 2013 (202040)

California Marriage and Family Therapist since December 2000 (MFC37273)

#### PROFESSIONAL EXPERIENCE

LMFT-S Private Practice, Anson and Abilene, TX

9/2013 to Present

**Healthnet/Managed Health Network,** San Rafael, CA Insurance Carrier

8/2003 - 11/2012

## Clinical Quality Specialist, 6/2008 -11/2012

Performed Quality Improvement complaint investigations, required audits and reporting for the Military Family Life Consultant Program for the Department of Defense.

#### Clinical Quality Specialist, 4/2006 - 6/2008

Investigated/resolved complaints from HMO Clients against OP/IP Network Providers, documented results in reports and communicated results back to clients. Researched cases to resolve client complaints to California/Oregon Dept Managed Healthcare.

### Outpatient Care Manager, 8/2003 – 4/2006

Performed assessment, crisis intervention and referral of HMO clients to psychiatric and chemical dependency treatment. Evaluated medical necessity of requests for reauthorization from network therapists. Trained new care managers. Evaluated requests for psychological testing.

Magellan Health Services, South San Francisco, CA

5/2001 8/2003

Insurance Carrier

## **Employee Assistance Program Care Manager**

 Performed assessment, referral and crisis intervention of EAP clients, authorized Trained other Care Managers. Performed Utilization Management of Psychiatric/Chemical Dependency Cases. Management Consultant for Workplace Support Services.

Marriage and Family Therapist, Licensed, Private Practice 1/2001 – 6/2006 San Francisco and Pinole, CA

### Other Relevant Experience:

Worked as MFT Intern in private practice settings, seeing individuals, families, and children.

Interviewer for Survey Research Center, UC Berkeley on National Institutes of Mental Health-funded research study exploring effects of substance abuse on general health. Also worked as interviewer on another study which explored spread of HIV in San Francisco.

#### **EDUCATION**

MA, Counseling Psychology 1991 John F Kennedy University, Pleasant Hill, California

1987 San Francisco State University Completed all Undergraduate Courses for Psychology Major

> BA, History 1984 Indiana University, Bloomington, Indiana

**Bloomington High School North 1977** 

Bloomington, IN - National Honor Society, Concertmaster, Varsity Tennis

### **Professional Associations:**

American Association Marriage and Family Therapy Clinical Fellow since 9/2013 California Association of Marriage and Family Therapy since 6/1989